Dr Ajay Aggarwal, healthcare underwriter and risk analyst at Allied World, looks at current trends in medical malpractice and the risk management strategies that could help move towards safer practice.

An orthopaedic surgeon will probably face at least one malpractice claim during their career. Once an orthopaedic surgeon has had one complaint, there is a higher chance of him/her facing another claim compared with physicians practicing in other fields [1]. Furthermore, neurosurgeons have the highest rate of malpractice claims compared with any medical specialty, with 19.1 per cent facing a claim per year [2,3]. On account of this, it is important that spinal surgeons understand some of the risk factors for litigation against them.

A study carried out in the USA last year attempted to identify the most frequent causes of alleged malpractice in spinal surgery. 28.2 per cent of cases were catastrophic, which included anoxic/hypoxic brain injury, spinal cord injury and death. The others, the non-catastrophic cases, included complications such as nerve root damage, malpositioned instruments, incorrect surgical sites and other perioperative or anaesthetic complications [4].

55 per cent of the cases resulted in a verdict in favour of the surgeon. This was lower than the reported 75 per cent national average for physicians. This may be due to the catastrophic nature of some of the spinal complications. Additionally, the average award granted for claimant verdicts was significantly greater than the amount awarded in settlement cases. As one might expect, in cases in which there were catastrophic complications, the surgeons were more likely to lose and to settle out of court (67 per cent vs 38 per cent; 33.3 per cent vs 14.3 per cent respectively) [4].

However, strikingly, delays in diagnosis and treatment of complications were more likely to result in plaintiff ruling (72.7 per cent vs 42.9 per cent; 68.4 per cent vs 43.7 per cent respectively). In addition, a smaller study carried out at St George’s Hospital, London, found that the most common cause of claims was faulty surgical technique. Over a quarter of these cases were due to wrong site surgery [3].

These findings should encourage spinal surgeons to pay particular attention to complications, caused by delayed diagnosis and treatment, and wrong site surgery. Risk management strategies could help move towards safer practice:

- Adequate use of intraoperative imaging
- Preoperative time-outs
- Prompt and effective post-operative care
- Ensuring adequate follow up
- Proficient communication skills

Further Information
Bespoke Medical Indemnity work closely with EUNA underwriting, to provide contract certain insurance for spinal surgeons. For further information, please contact Andy Foley, Bespoke Medical Indemnity, call 07747624080 or email andy@medmal.co.uk

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